

**STUDENT
DISCOUNT
30% OFF
FOOD**

STARTERS

RED LENTIL AND VEGETABLE SOUP OR SOUP OF THE DAY VG with fresh bread	3.50
MARINATED OLIVES AND BREAD VG	3.00
TOASTED FLATBREAD AND DIPS V, VG* tzatziki, hummus and salsa	4.50
HOMEMADE SMOKED HADDOCK AND SALMON FISHCAKE with dressed salad and homemade tartare sauce	4.50
SUNBLUSH TOMATO AND FETA CHEESE CROUTES V with balsamic glaze	4.50
HAM HOCK AND MATURE CHEDDAR CROQUETTES with golden beetroot piccalilli	4.50
HALLOUMI FRIES V salt and pepper oriental style	4.50

SALADS

CHICKEN AND BACON CAESAR SALAD cos lettuce, grated parmesan, anchovies, croutons and Caesar dressing	6.95
SALMON AND PRAWN NIÇOISE SALAD new potatoes, cherry tomatoes, green beans, anchovies, olives, mixed leaf and boiled egg with lemon dressing	6.95
AVOCADO AND SPINACH SUPER SALAD VG giant seeded cous cous, mixed beans, crisp leaf, cherry tomatoes and cucumber with lemon dressing	6.95
HALLOUMI OR SMOKED TOFU WITH ROASTED SPICED VEGETABLES V, VG* mixed leaf, cherry tomatoes and cucumber with homemade pesto	6.95
GREEK STYLE SALAD V feta cheese, mixed leaf, cherry tomatoes, cucumber, peppers and olives with homemade pesto	6.95

MAIN COURSES

BRAISED RUMP OF LAMB in red wine and rosemary, served with roasted root vegetables and mint glaze	11.50
BREADED CHICKEN PARMESAN topped with melted mozzarella, served with herb diced potatoes and a rich tomato sauce	10.50
BEEF AND MUSHROOM STROGANOFF with herb braised rice	10.50
STEAMED SALMON with crushed new potatoes, peas and spinach with lemon cream sauce	9.95
HOMEMADE SMOKED HADDOCK AND SALMON FISHCAKES with dressed salad and homemade tartare sauce	7.95
BEER BATTERED FISH AND HAND CUT CHIPS with garden peas and homemade tartare sauce	9.50
SMOKED HADDOCK with crushed new potatoes, peas, spinach and lemon cream sauce topped with a poached egg	9.95
CUMBERLAND OR VEGETARIAN SAUSAGE V with mustard mash, onion chutney and gravy	8.95

TIFFIN STYLE DISHES CHOOSE ONE FROM EACH SECTION, SERVED WITH FLAT BREAD, RICE AND DIPS

- 11.50
- 1 **KATSU KING PRAWNS // CRISPY CHICKEN // STIR FRIED BEEF // SMOKED TOFU VG**
 - 2 **THAI GREEN CURRY // JAMBALAYA VG // BHUNA CURRY V, VG* // TERIYAKI V**

SIDES

HAND CUT CHIPS	2.00
GARDEN PEAS	2.00
MUSTARD MASH	2.00
ROCKET, TOMATO AND PARMESAN SALAD	2.00
ROASTED ROOT VEGETABLES	2.00
BREAD AND OIL	2.00
DIPS: PICKLED ASIAN SLAW, HUMMUS, TZATZIKI OR SALSA	1.00 EACH

PASTA AND RISOTTO

CHOOSE FROM TRICOLOUR PASTA, GNOCCHI VG* OR RISOTTO, SERVED WITH ROCKET, TOMATO AND PARMESAN SALAD

CHICKEN AND CHORIZO CARBONARA	7.95
HALLOUMI PESTO V	7.95
SALMON AND PRAWN MEDLEY	7.95
SMOKED TOFU AND CHILLI PROVENÇAL VG	7.95

BURGERS

SERVED WITH HAND CUT CHIPS OR HOUSE SALAD

PRIME BEEF BURGER	6.75
PANKO BREADED CHICKEN FILLET	6.75
FALAFEL AND SPINACH BURGER VG	6.75

CHOOSE YOUR TOPPING....

FAJITA V, VG* chillies, spring onion, peppers and mozzarella	2.00
NEW YORK bacon, mozzarella, crispy onions and BBQ sauce	2.00
COOPERS BLUE V, VG* sliced mushroom, crispy onions, ale chutney and blue cheese	2.00
MEXICANA jalapeno, mozzarella and salsa	2.00

SANDWICHES (AVAILABLE UNTIL 4PM)

CHOOSE FROM CIABATTA OR TOASTED BLOOMER, SERVED WITH HAND CUT CHIPS OR HOUSE SALAD

PHILLY STEAK mushrooms, green pepper, onions and mozzarella	6.50
SPICY FALAFEL BALLS V, VG* salsa and mozzarella	6.50
SMASHED AVOCADO AND CREAM CHEESE V, VG* roasted pepper, mixed leaf and tomato	6.50
CHICKEN AND BACON mixed leaf, tomato and mayo	6.50

SPECIAL OFFER
**12" PIZZA
AND 2 DRINKS
£15***

CHOOSE FROM:
**PEPPERONI, CHICKEN AND BACON,
FOUR CHEESE, MANHATTAN MEATY**

*including a 175ml house wine, pint of draught beer or any soft drink

No other discounts to be used with this offer
Available until 10.30pm

SPECIAL OFFER
**BURGER
AND DRINK
£12.50***

CHOOSE ANY BURGER
WITH YOUR CHOICE OF TOPPING

*including a 175ml house wine or pint of draught beer

No other discounts to be used with this offer

V VEGETARIAN
VG VEGAN
VG* VEGAN AVAILABLE ON REQUEST

ALLERGEN ADVICE

All our food is produced in a kitchen where nuts, cereals containing gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy or intolerance please let your server know before ordering. Some of our dishes can be adjusted for the following dietary requirements: vegan, dairy free and gluten free - please speak to your server for more information. Full allergen details are available upon request.

DESSERTS

WAFFLES WITH BERRIES, CHOCOLATE SAUCE AND VANILLA ICE CREAM	4.50
CHOCOLATE-FILLED CHURROS AND VANILLA ICE CREAM	4.50
STRAWBERRY OR CHOCOLATE SUNDAE	4.50

HOT DRINKS

MED AMERICANO	2.40
LRG AMERICANO	2.60
MED LATTE	2.50
LRG LATTE	2.80
MED CAPPUCCINO	2.50
LRG CAPPUCCINO	2.80
FLAT WHITE	2.50
MED HOT CHOC	2.50
LRG HOT CHOC	2.80
MED BREAKFAST TEA	1.80
LRG BREAKFAST TEA	2.00
MED FRUIT/HERBAL TEA	2.00
LRG FRUIT/HERBAL TEA	2.30
SGL ESPRESSO	2.10
DBL ESPRESSO	2.50

SOFT DRINKS

DIET PEPSI BOTTLE 330ML	2.75
PEPSI MAX BOTTLE 330ML	2.75
7UP BOTTLE 330ML	2.75
PEPSI 200ML BOTTLE	2.00

WATER

STILL 330ML	1.75
SPARKLING 330ML	1.75
STILL 750ML	3.75
SPARKLING 750ML	3.75

JUICES

ORANGE JUICE 250ML	2.95
APPLE JUICE 250ML	2.95
PASSION AND ORANGE JUICE 275ML	2.95
APPLE AND MANGO JUICE 275ML	2.95

FENTIMANS

GINGER BEER 275ML	3.50
VICTORIAN LEMONADE 275ML	3.50
ROSE LEMONADE 275ML	3.50
CHERRY COLA 275ML	3.50
DANDELION AND BURDOCK 275ML	3.50
MANDARIN AND SEVILLE ORANGE 275ML	3.50
CURIOSITY COLA 275ML	3.50
SPARKLING ELDERFLOWER 275ML	3.50
SPARKLING RASPBERRY 275ML	3.50
SPARKLING LIME AND JASMINE 275ML	3.50
APPLE AND BLACKBERRY 275ML	3.50

GET IN TOUCH

For enquiries, please email us at foodanddrink@rncm.ac.uk

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FULL BAR SERVICE AVAILABLE